



FOOTNOTES

SARRC Office,
Cnr. King William &
Sturt Streets,
Adelaide. 5000
Ph. 213 0615

AUSTRALIA'S LARGEST RUNNERS CLUB

NEWSLETTER NO.47

Registered by Australia Post
Publication No. SBH0729

SEPTEMBER 1989

TOYOTA FESTIVAL CITY MARATHON

Sunday 13 August saw 606 competitors face Deputy Lord Mayor Charles Moschakis starting gun for the eleventh running of the Festival City Marathon in ideal conditions for runners and spectators alike. JOHN DUCK (Victoria) a great supporter of this event over the years and an interstate Club member was successful to make it a hat trick of wins. MIKE LAWSON (NSW), formerly of Mt. Gambier was second in front of another Victorian visitor MARK PURVIS.

In the Womens section, LESLIE WATSON (England) and JEANNETTE MASE (Mt. Gambier) were neck and neck during the early stages of the event and at the half way point with JEANNETTE leading by about 20m, she unfortunately lost a shoe after being trodden on by another competitor, resulting in the loss of about 2 minutes.

LESLIE went on to win the section from JEANNETTE, with HEATHER ROSE in third place.

FULL RESULTS

MEN

JOHN DUCK (VIC) 2.25.50
MIKE LAWSON (NSW) 2.26.50
MARK PURVIS (VIC) 2.27.02

WOMEN

LESLIE WATSON (UK) 2.49.49
JEANNETTE MASE (SA) 2.54.33
HEATHER ROSE (SA) 2.58.27

FIRST SA MALE

MIKE BERTELSMEIR (6th) 2.32.39

There were no wheelchair entries.

Our sincere appreciation to all who assisted in the conducting of the event, particularly major sponsor TOYOTA and dealers IKE ADES TOYOTA, OLD PORT TOYOTA, DUPION TOYOTA and CMI TOYOTA.

WESTFIELD START RUNNING CLASSES

WESTFIELD SHOPPINGTOWNS START RUNNING CLASSES third term commences shortly in three locations. If you have any friends, workmates or family members who may be interested in joining the class; enrolment forms are now available from WESTFIELD SHOPPINGTOWNS, CLUB OFFICE or SPORTSLOVER stores.

LOCATIONS

Parkside Primary School, Wednesday, 27 September, at 5.25 p.m.
O'Halloran Hill Community Centre, Thursday, 28 September, at 6.00 p.m.
North Adelaide (Rear of Zoo) Sunday, 1 October, at 7.45 a.m.
Class duration 10 weeks x approx. 1½ hours.

2ND AUSTRALIAN MASTERS GAMES

The Games are to be held in Adelaide from 14 - 22 October 1989 and will embrace some 35 sports.

Our club has been invited to conduct the HALF MARATHON on SUNDAY 22 OCTOBER. The event will commence at 7.30 a.m. in War Memorial Drive (rear of Zoo) and the course takes in War Memorial Drive, Hackney Road, North Terrace, Frome Road. It will be a four lap event and will finish at the same location as the start.

We believe we may have created a first in Australia and maybe the world, by appointing a female Australian representative as Race Director. We are delighted TRUDY FENTON has accepted the position.

TRUDY and her committee will need some assistance on the day - can you help by being a MARSHALL or DRINK STATION ATTENDANT? Give KAYE in the office a call on 213 0615 or call TRUDY on 212 5441.

An entry Form is enclosed detailing all events.

DISCOUNTS
20% CASH
15% CREDIT CARD



SPORTS LOVER

NOW OFFICIAL SUPPLIERS TO SARRC MEMBERS

LOCATED AT:— 79 Rundle Mall
108 Jetty Road, Glenelg
Tea Tree Plaza Shopping Centre
Elizabeth City Centre
Westfield Shopping Town, Kilkenny
Colonnades Noarlunga Centre
Riverland Plaza, Berri
Gawler, 79 Murray Street
Tea Tree Plaza, Lower Level
Lakes Plaza, Mt. Gambier
Woolworths Complex, Murray Bridge

Tel: 223 2411
Tel: 295 3322
Tel: 263 0888
Tel: 252 1111
Tel: 45 4727
Tel: 384 4100
Tel: (085) 82 2178
Tel: 22 6768
Tel: 264 2700
Tel: (087) 24 9800
Tel: (085) 32 6954

CALL NOTICE

The response to the call notice has been magnificent with 398 members contributing \$4,532.00 to date.

In our next Journal, contributing members will be acknowledged and Club President David O'Donnell and Treasurer Geoff Davis will have an article advising what it costs to conduct the affairs of our Club.

SUNDAY RUNS

Sunday convenor Kevin Lynch is still managing to make our Sunday runs interesting and competitive - keep up the good work Kevin.

The VENEZIA RESTAURANT continues to provide an extended range of healthy food and refreshments, with the highlight being the addition of saltless Porridge to the range. Say Hello to Marc, who does a great job as Mine Host.

SUBURBAN GROUPS

Congratulations to Eric Fazackerley and the O'Halloran Hill group who celebrate their sixth anniversary this month. Our records also tell us that Eric turned 65 on 11 September - congratulations Eric from all at SARRC.

The SARRC Board has committed to visit all suburban groups, the first visit being to West Beach in July, then O'Halloran Hill in August, with the September visit being to Athelstone.

Contact details for all suburban running groups are:

O'HALLORAN HILL

Hills Community Centre,
Candy Road
O'Halloran Hill

TIME: THURSDAY 6.00 p.m.

Contact: Eric Fazackerley 381 3558

PARKSIDE

Parkside Primary School
Cnr Young Street and Glen Osmond Rd.,
Parkside.

TIME: WEDNESDAY 5.25 P.M.

Contact: Candice Charles 271 8838

WEST BEACH

Scout Hall
Burbridge Road
West Beach.

TIME: TUESDAY 5.55 p.m.

Contact: Janice Graves 211 7956

ATHELSTONE

Athelstone Primary School
Brookside Road,
Athelstone.

TIME: WEDNESDAY 5.55 p.m.

Contact: Jenny Dabinett 344 7637

BLACKWOOD: John Leach 278 3287

NORTH HAVEN: John Murfitt 248 3536

GAWLER: Shirley O'Dea (085) 222322

BAROSSA: Trevor Miller (085) 622863

FRONTLINE FORD

For some five years now, BILL ANSCHUTZ, MANAGING DIRECTOR, FRONTLINE FORD has provided the club van (FORD ECONOVAN) fully maintained and also recently had it re signwritten.

The cost saving to the club is enormous and without it, it would be difficult to operate, on race days in particular.

Bill has recently pledged his continued support of our club and for this we are extremely grateful.

If you are looking for a new or used vehicle, you could do no better than to contact BILL for personalised service at:



477 North East Road. Hillcrest, Phone 261 6333

WOMEN'S WORLD 15km ROAD CHAMPIONSHIP

TRUDY FENTON has been selected to represent Australia at the above event to be conducted in RIO DE JANIERO on 24th September.

Our congratulations and best wishes to Trudy.

CALENDAR OF EVENTS

SEPTEMBER

- Sun. 24 Regency College Fun Runs 2km/6km
Contact: Peter Petherick 260 4078
Sat. 30 DRC King & Queen of Mt. Lofty
Contact Des Paul 373 1422

OCTOBER

- Sun. 8 DRC 100km Ultra Marathon
4 x 25km Relay
Contact: Des Paul
Sat. 14 Australian Brain Foundation Fun Runs
5km, 10km. Contact: 212 5595
Sun. 15 Capita Fun Walk/Run 5km/10km
Contact: 223 2244
14 - 22 2nd Australian Masters Games
Contact: 226 7343
Sun. 29 Old Customs House Fun Run 10km/3km
Contact: John Murfitt 274 5588 (B)
Sun. 29 TNT Airport Fun Run 10km
Contact: SARRC 213 0615
Sun. 29 Caithness Country Run 5km/10km
Contact: Chris Freeman 391

NOVEMBER

- Sat. 4 Betts & Betts/Clarks Grand Prix
Classic III 5km Contact: SARRC 213 0615
Sun. 12 Goolwa/Victor Half Marathon - 6km
Contact: Encounter Bay Rotary Club
PO Box 243, Victor Harbor
Sun. 19 Old Clarendon Fun Run 10km
Contact: SARRC 213 0615
Sun. 19 Glenelg Football Club Fun Run 12km
Contact: Jill Hammond 294 5333
Sun. 26 PCG Women's 5km/10km Classic
Contact: SARRC 213 0615

UPCOMING SARRC EVENTS

- SUNDAY 29TH OCTOBER TNT AIRPORT FUN RUN 10km
SATURDAY 4TH NOVEMBER BETTS & BETS/CLARKS GRAND PRIX
SUNDAY 19 NOVEMBER OLD CLARENDON FUN RUN 10km
SUNDAY 26 NOVEMBER PCG WOMENS 5km/10km CLASSIC



John Duck crosses the line after a tough fight to win his third successive Festival City Marathon.

John takes marathon hat-trick

Victorian runner John Duck yesterday completed a hat-trick with his gutsy third successive victory in the Toyota Festival City Marathon.

Struggling to fight off a challenge from Sydney's Mike Lawson and another Victorian, Mark Purvis, Duck had to summon all his resources to beat them home.

He crossed the line in 2 hrs 25 mins 59 secs.

The women's section was won by England's Leslie Watson, who ran 2:49.50 to get within three minutes of New Zealander Gillian Dunning's race record.

It was Watson's 163rd marathon — a world record for a woman.

The Premier, Mr Bannon, produced one of the most impressive efforts of the race when he recorded 2:48.44.

● PAGE 39: Duck's hat-trick

Mr Bannon has run all 11 Festival City Marathons and yesterday's time was 10 minutes quicker than his effort last year.

"Running the marathon is easier than running an election campaign," a fresh-looking Mr Bannon said soon after crossing the line.

More than 600 runners started in the event, again proving its popularity on Australia's marathon scene.

Meanwhile in Sydney yesterday, Australian Olympian Steve Moneghetti made it two City to Surf race wins in a row — beating 33,324 runners to the finish line.

Windy conditions stopped him from beating Robert De Castella's race record of 40 min 8 sec.

Moneghetti finished the race in 40 min 34sec, with fellow Victorian Malcolm Norwood second and American Ed Eyestone third.

Duck's

Advertiser,
Monday
14 August 1989

marathon hat-trick

By WARREN PARTLAND

A courageous performance by John Duck yesterday enabled the Victorian to capture a hat-trick of wins in the Toyota Festival City Marathon.

Showing the commitment which is synonymous with marathon running, Duck clocked a respectable 2hr 25min 59sec to beat Sydney's Mike Lawson. Another Victorian, Mark Purvis, was third.

The women's section was won by England's Leslie Watson, who was running her 163rd marathon. She recorded 2:49.50 to win from Mount Gambier's Jeanette Mase and Heather Rose.

Duck had a titanic struggle with Lawson and Purvis and the effects of the battle were evident shortly after the line when he was ill. He needed support to walk to the recording tables.

For the first half of the 42.2km

journey, Duck, Lawson, Purvis and South Australian titleholder Mike Bertelsmeir raced together. Bertelsmeir dropped off the pace after 25km and it was not until 32km that a breakaway bid was made.

In what was to prove the decisive move, Duck surged and with no response from his opponents, was able to gradually build a winning lead.

"It was tough running and I just felt heavy," said Duck, who was contesting his 48th marathon.

"Up the Anzac Highway I didn't feel good but having done a lot of marathons my experience was able to get me through."

Duck had been confident of a strong showing following a solid preparation, broken only by a enforced weeks rest after the Otway Classic in June.

"The Otway is over three days and is pretty tough. I dehydrated badly and had to be put in hospital.

"I had a week off and then set

myself a program leading up to today and it has worked well."

Lawson, formerly from Mount Gambier, bettered his personal best by a minute in running 2:26.51. For Watson there will be no let-up despite the win as she continues her marathon crusade across the globe with plans to run in France, England, the US and possibly Penang.

"I wasn't that happy with my time as I would have liked to better the record," she said.

"I ran a quicker time in France earlier this year when I wasn't as fit as I am now. But I guess I need to do more speedwork."

The hard luck story came from Mase, who produced an encouraging effort at her debut in the gruelling event.

Leading Watson midway through the race, another runner clipped Mase's heel and she lost her shoe, an incident which cost her two minutes.

Results: men — Duck (Vic) 2:25.59, Lawson (NSW) 2:26.51, Purvis (Vic) 2:27.03. **Women** — Watson (England) 2:49.50, Mase (SA) 2:54.34, Rose (SA) 2:58.57.

Advertiser, Monday 14 August 1989



END OF A 42.2 kilometre battle ... Victorian Mark Purvis approaches the finish line in Elders Park to grab third in the Festival City Marathon yesterday.

Picture: MARTIN JACKA



Hat trick for Duck in Festival City

by DES FOSTER

SUNDAY, AUGUST 13 saw the eleventh running of the Festival City Marathon, with 606 competitors facing the starter's gun in ideal running conditions.

After passing through the 4km mark,

the leading pack—comprising defending champion John Duck (Vic), Mike Lawson (NSW), Mark Purvis (Vic) and local champion Mike Bertelsmeir—started to assert its authority over the field. This group stayed together with the lead changing frequently up to the 25km mark, when Bertelsmeir was dropped off. By 33km Duck had established a clear margin and was never headed, going on strongly to the line in 2:25.50 to record a hat trick of wins in the event. Mike Lawson, formerly of Mount Gambier (SA), was 2nd in 2:26.50 from another Victorian visitor, Mark Purvis (2:27.02).

The women's division saw a titanic struggle to halfway between Leslie Watson of England, in her 163rd marathon, and maiden performer at this distance, Jeannette Mase from Mount Gambier. At this point Jeannette, with a lead of about 20 metres, was trodden

on from behind and lost a shoe, which cost her some 2 minutes. Watson was never headed after the incident and won comfortably in 2:49.49 from Mase, 2:54.33, with Heather Rose (SA) in 3rd position in 2:58.27.

SOUTH AUSTRALIAN ROAD RUNNERS CLUB



SEIKO triathlete watch

You won't be in the race without a Seiko Triathlete watch.

The stopwatch measures up to 100 hours in 1/100 seconds. You can time up to 100 laps, each lap can be measured up to 10 hours. And the watch can store and recall your last 10 lap/section times.

The Seiko Triathlete watch is water tested to 150 metres.



SEAC03

\$150

SEIKO The world's most wanted watch

Available from leading Jewellers and Department Stores.